



# **Meeting of the Advisory Committee for Reproductive Health Drugs**

**June 18, 2010**

**Scott Monroe, MD**

**Director, Division of Reproductive and  
Urologic Products**

# **Flibanserin**

**(5-HT<sub>1A</sub> receptor agonist / 5-HT<sub>2A</sub> receptor antagonist)**

**Boehringer Ingelheim**

**NDA 022526**

## **Proposed Indication**

Treatment of hypoactive sexual desire disorder  
(HSDD) in premenopausal women

# Hypoactive Sexual Desire Disorder (HSDD)

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- Definition of HSDD based on criteria listed in DSM-IV-TR
  - Deficiency or absence of sexual fantasies and desire for sexual activity
  - Causes marked distress or interpersonal difficulty
  - Not better accounted for by a general medical, other psychiatric, or a substance- or drug-related condition
- Development of safe and effective medical therapies has posed challenges for both the Agency and Industry
  - Selection of meaningful efficacy endpoints
  - Developing and validating instruments to assess endpoints
- No FDA-approved medical therapy for HSDD

# Hypoactive Sexual Desire Disorder (HSDD)

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- FDA draft Guidance (2000) for development of drugs for treatment of female sexual dysfunction, including HSDD
  - Provides general guidance
  - Treatment effect should be both statistically significant and clinically meaningful
  - Primary endpoint: satisfactory sexual events (SSEs)
- Sponsors also advised that endpoints should include
  - Change in sexual desire (co-primary endpoint)
  - Change in distress related to HSDD (key 2nd endpoint)
- Instruments to assess endpoints selected by Sponsor but need to be validated by Sponsor and agreed-to by Division

# Assessment of Primary Endpoints

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- Applicant and FDA agreed on use of an electronic diary (eDiary) to record SSEs and desire on a daily basis
- Applicant requested to use another instrument to assess desire after analysis of the first phase 3 study, in which eDiary desire endpoint was not statistically significant
  - desire domain questions on the Female Sexual Function Index (FSFI)
  - FSFI administered once a month at clinic visits
- Applicant stated that several factors, e.g., poor compliance with daily data entry and the daily recall requirement, limited the utility of eDiary to assess changes in desire

# Questions for the Committee

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- Considering that the two primary US efficacy studies did not demonstrate efficacy for the prespecified co-primary endpoint of sexual desire as measured by the daily eDiary:
  - Do you agree with the Applicant that the impact of flibanserin on sexual desire is better evaluated with the desire domain of the FSFI using 28-day recall?
  - Is it appropriate to alter the prespecified method of assessing sexual desire?

## Questions for the Committee

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- Has the Applicant provided sufficient evidence of overall efficacy for flibanserin for the treatment of hypoactive sexual desire disorder (HSDD) compared to placebo?
- Considering the available data on efficacy and safety, has the Applicant demonstrated that the overall risk/benefit profile of flibanserin for the treatment of HSDD in premenopausal women is acceptable?

# Agenda

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- |       |                                   |
|-------|-----------------------------------|
| 8:25  | Boehringer Ingelheim Presentation |
| 9.55  | Break                             |
| 10:05 | FDA Presentation                  |
| 11:05 | Questions from the Committee      |
| 12:15 | Lunch                             |
| 1:00  | Open Public Hearing               |
| 2:00  | Committee Discussion and Voting   |
| 3:30  | Adjournment                       |





# **Efficacy of Flibanserin for Treatment of Hypoactive Sexual Desire Disorder (HSDD) in Premenopausal Women**

Daniel Davis, MD, MPH  
Division of Reproductive and Urologic Products  
(DRUP)

June 18, 2010

# Overview

- First application for this class of drug for HSDD
  - No FDA-approved drug for HSDD
- **Acquired HSDD**- low sexual desire causing personal distress; previously normal desire and fantasies
- Overview of the clinical development program
- Efficacy trial design, inclusion/exclusion criteria, key endpoints and instruments
- Analysis plan, the efficacy findings and issues
- Safety findings and issues: Drs. Easley and Lee

# Clinical Development Program

- FDA Draft Guidance for FSD and DRUP advice followed
  - Primary endpoints are change from baseline in the number of satisfactory sexual events (SSEs) and in sexual desire
  - Key secondary endpoint: change in distress due to HSDD
  - Need to show the clinical significance of the results
- Instruments used to assess efficacy
  - eDiary (electronic) for recording SSEs and sexual desire score
  - Female Sexual Distress Scale (FSDS-R) for change in distress due to HSDD
  - Patient Global Impression of Improvement (PGI-I)

# HSDD Clinical Studies

- 7 bioavailability studies
- 15 pharmacokinetic (PK)
- 6 pharmacodynamic (PD)
- 7 validation studies
- HSDD efficacy/safety studies: two phase 2 and seven phase 3
- Three trials with the proposed 100 mg qhs
  - **Two US (511.71 and 511.75) studies**
  - **One European study (511.77)**

# Trial Design 511.71 and 511.75

- Randomized, double-blind, placebo arm
- 4-wk baseline for all HSDD parameters
- 24-wk blinded treatment period
  - eDiary daily collected and downloaded daily
  - FSDS-R at clinic visits (Wk 0, 4, 8, 16, 24)
  - FSFI at clinic visits (Wk 0, 4, 8, 16, 24)
  - PGI-Improvement (Wk 4, 8, 16, 24)
- Final visit 4-wk post treatment (Wk 28)

# Key Inclusion-Exclusion Criteria

- Healthy premenopausal women
  - age 18 and above
  - using reliable contraception
  - in a stable heterosexual relationship
- HSDD diagnosed by expert person
  - In-depth interview
  - Instruments were used to determine receptivity and sexual enthusiasm, distress, and rule out depression
  - HSDD for at least 24 weeks
- Five page list of prohibited medications

# Primary and Secondary Endpoints

- Primary endpoints (change from baseline values)
  - *Satisfactory sexual events* (SSEs) during last 4 weeks
  - *Sexual desire score* during the last 4-week's daily eDiary data
- Key secondary endpoint
  - Change from baseline in the *total distress score* on the Female Sexual Distress Scale (FSDS-R)
- Other secondary endpoints (exploratory)
  - Change in Female Sexual Function Index (FSFI) *sexual desire score* (2 questions)- Trial 511.71 only
  - Change in FSDS-R item 13 (distressed by low sexual desire)

# Instruments Used

- eDiary for SSEs and sexual desire
  - Up to a 72-hour window to record SSEs
  - 24-hour window to record a desire score of none, low, moderate, or strong
    - 0 to 3 scale x 28 day; 0-84 range for 4 weeks
  - Validation studies were done



# Instruments Used

- **Female Sexual Distress Scale-Revised: FSDS-R**
  - 13 questions on various aspect of distress
  - 0-4 scale (never to always); 0-52 range
  - Higher score means ↑ distress; want ↓ score
  - Division preferred item 13 alone: “How often did you feel bothered by low sexual desire?”
  - Adapted for 7-day recall used in 2 studies

# Instruments Used

- **Patient Global Impression of Improvement: PGI-I**
  - “How is your condition- meaning decreased sexual desire and feeling bothered by it- today compared to when you started study medication?”
  - 1= very much improved to 7= very much worse
    - 3= minimally improved; 4 = no change

# Statistical Analysis Plan

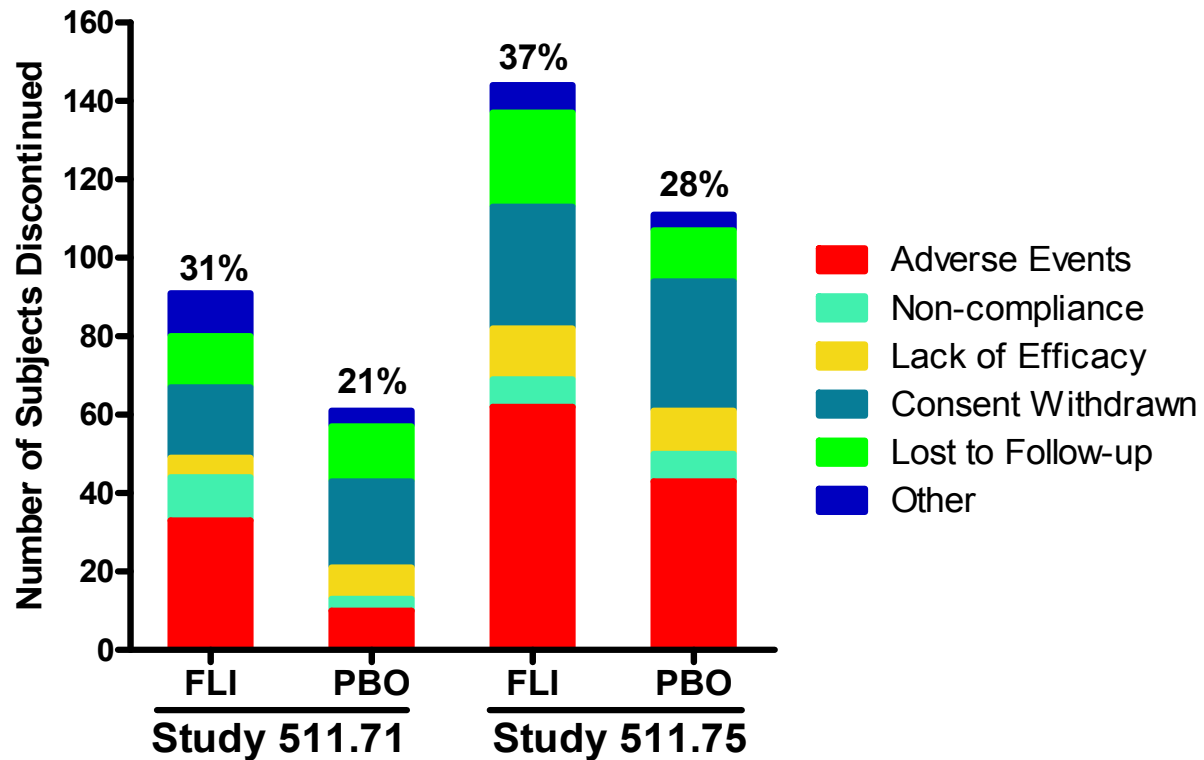
- Analysis population: full analysis set (FAS) with last observation carried forward (LOCF)
- Must win first on SSEs, then change in sexual desire
- Key Secondary endpoint: FSDS-R total score (511.71 and 511.75)

# Demographics: 511.71 & 511.75

- Average age 35-36
  - Age 18-34: 44%
  - Age 35-44: 43-46%
- Race:
  - Caucasian 80-86%
  - Hispanic 5-8%
  - African-American 7-11%
  - Asian 2%
- Married 78%; present partner 10+ years
- HS grad 99%; college or more 55-60%

# Discontinuations: 511.71 and 511.75

**Discontinuations**



Subjects Enrolled: 290 295 396 399

# Satisfactory Sexual Events

	Baseline	End of Treatment	Change	Placebo corrected	p-value
<b>Study 511.71 N ≈ 293/arm</b>					
FLI	3.0	4.6	1.6	0.8	0.005
Placebo	2.7	3.5	0.8	-----	-----
<b>Study 511.75 N ≈ 395/arm</b>					
FLI	2.6	4.4	1.9	0.8	0.024
Placebo	2.7	3.7	1.1	-----	-----

# eDiary Sexual Desire Score

	Baseline	End of Treatment	Change	Placebo corrected	p-value
<b>Study 511.71 N ≈ 293/arm</b>					
FLI	12.9	21.2	9.1	2.2	0.132
Placebo	11.8	18.1	6.9	-----	-----
<b>Study 511.75 N ≈ 395/arm</b>					
FLI	12.0	20.1	8.5	1.7	0.346
Placebo	10.2	16.9	6.8	-----	-----

Maximum score is 84 for 28 days: 0-3 scale each day

# Personal Distress Total Score

	Baseline	End of Treatment	Change**	Placebo corrected	p-value*
<b>Study 511.71 N≈ 285/arm</b>					
FLI	30.7	21.6	-8.9	-3.9	<0.001
Placebo	30.1	25.2	-4.9	-----	-----
<b>Study 511.75 N≈ 385/arm</b>					
FLI	30.6	22.9	-7.8	-2.5	<0.001
Placebo	30.2	25.3	-5.2	-----	-----

\*Not adjusted for multiple comparisons and multiple endpoints  
 \*\* Least Square means: ANCOVA (FAS,LOCF)- Applicant data  
 Maximum score is 52 for 13 items: 0-4 scale each day



# Issues in the Assessment of Desire

- Female Sexual Function Index (FSFI)
  - 6 domains with 19 items; total score has a 2-36 range
  - **28 day recall**; 2 desire questions
  - Applicant elevated FSFI desire items to key secondary endpoint in Study 511.71; DRUP did not concur
  - FDA advice (Jan 2009):
    - Proposal to alter the instrument used for the co-primary desire endpoint is not acceptable for Studies 71 and 75; these data considered exploratory and hypothesis-generating
    - Would need to be confirmed in another study using pre-specified FSFI desire endpoint
    - If SSEs are significant in that study, and FSFI appropriately validated, then may use FSFI to assess change in sexual desire
- European study (6-mo, DB, PC) revised protocol used the FSFI as pre-specified key secondary endpoint with SSEs as the primary endpoint

# European Study Efficacy

Treatment N~300/arm	Baseline	End of Treatment	Change	Placebo corrected	p-value
<b>SSEs</b>					
FLI	2.4	3.9	1.5	0.6	0.140***
Placebo	2.3	3.1	0.9	-----	-----
<b>FSFI Desire</b>					
FLI	1.9	2.5	0.7**	0.1**	0.082*
Placebo	1.9	2.3	0.5**	-----	-----
<b>eDiary Desire</b>					
N~310/arm					
FLI	9.5	16.1	7.7**	2.3	0.024*
Placebo	9.1	13.2	5.4**	-----	-----

\*ANCOVA (FAS, LOCF); \*\*LS Mean; \*\*\* Wilcoxon Rank Sum test

# Responder Values

<b>Study</b>	<b>SSE</b>	<b>Desire – eDiary</b>	<b>Distress – FSDS-R Total score</b>
<b>511.71</b>	1.22	7.80	-5.63
<b>511.75</b>	1.25	7.91	-5.07

7 PGI-I Responses from 1= very improved to 7= very much worse

# Responder Rates 511.71

Responder endpoint %	FLI 100 qhs	Placebo	Delta	p-value**
SSE	47.6	33.0	14.6	<0.001
eDiary desire	41.1	38.2	2.9	0.492
FSDS-R total	55.7	43.9	11.8	0.006

\*\*Not adjusted for multiple comparisons and multiple endpoints

# Responder Rates 511.75

Responder endpoint %	FLI 100 qhs	Placebo	Delta	p-value**
SSE	44.2	34.1	10.1	0.005
eDiary desire	38.0	32.0	6.0	0.064
FSDS-R total	52.1	40.9	9.2	0.001

\*\*Not adjusted for multiple comparisons and multiple endpoints

# Clinical Efficacy Summary

- Statistically significant increase in mean number of SSEs
  - Flibanserin (placebo corrected) = 0.8 events per 4 weeks
  - Responders (placebo corrected) = 10 to 15%
- **Non-significant** treatment effect in mean change in eDiary sexual desire score
  - Flibanserin (Placebo corrected) = 2.2 and 1.7
  - Responders (placebo corrected) = 3 to 6%
- Statistically significant treatment effects in distress using item 13 on the FSDS-R
  - Distress Score: Flibanserin (Placebo corrected) = -0.4 and -0.3
  - Responders (placebo corrected) = 9 to 12%

# Key Efficacy Issues

- Sexual desire efficacy results and the instruments used
  - eDiary versus FSFI's 2 desire items
  - daily vs. 28-day recall
- Appropriateness of modifying the analysis plan after study completion/unblinding
- Is there sufficient evidence of overall efficacy of flibanserin compared to placebo for the treatment of HSDD?



# Safety of Flibanserin for the Treatment of HSDD in Pre-menopausal Women

Olivia J. Easley, M.D.  
Medical Officer

Division of Reproductive and Urologic Products (DRUP)



# Safety Concerns

- Overall tolerability of flibanserin
  - Women with co-morbidities
  - Concomitant medications
    - CNS-active prescription drugs
    - CYP3A4 inhibitors
- Specific adverse events
  - Accidental injury
  - Syncope
  - Depression

# Flibanserin Safety Database

- Four phase 3 placebo-controlled HSDD studies (511.70, 511.71, 511.75, 511.77)
- Two open-label, 52-week safety extension studies (511.84, 511.118) in HSDD population
- A 48-week, phase 3 randomized withdrawal study in premenopausal females with HSDD (Study 511.74)
- Two phase 2 randomized trials in HSDD
- Nine phase 2 placebo-controlled trials in major depressive disorder (MDD)



## Flibanserin Exposure (all HSDD trials)

Exposure (days)	25 bid N	50 qhs N	50 bid N	100 qhs N	100 bid N	Total N
$\geq 1$	814	3839	1257	2938	72	<b>5,018</b>
$\geq 84$	605	1255	666	2144	0	<b>3,850</b>
$\geq 365$	2	89	13	213	0	<b>1,130</b>
Subject years	297.5	925.8	364	1525.6	4.6	<b>3,117.5</b>



## Deaths and Serious Adverse Events

- No deaths in any flibanserin-treated subject in entire HSDD or MDD database

<b>Serious adverse events – Phase 2/3 placebo-controlled HSDD Trials</b>					
<b>Preferred term</b>	<b>Placebo</b>	<b>25 mg bid</b>	<b>50 mg qhs</b>	<b>50 mg bid</b>	<b>100 mg qhs</b>
Total with SAEs (%)	0.5	0.5	0.6	0.3	0.9
Appendicitis (%)	0	0.1	0.2	0.1	0



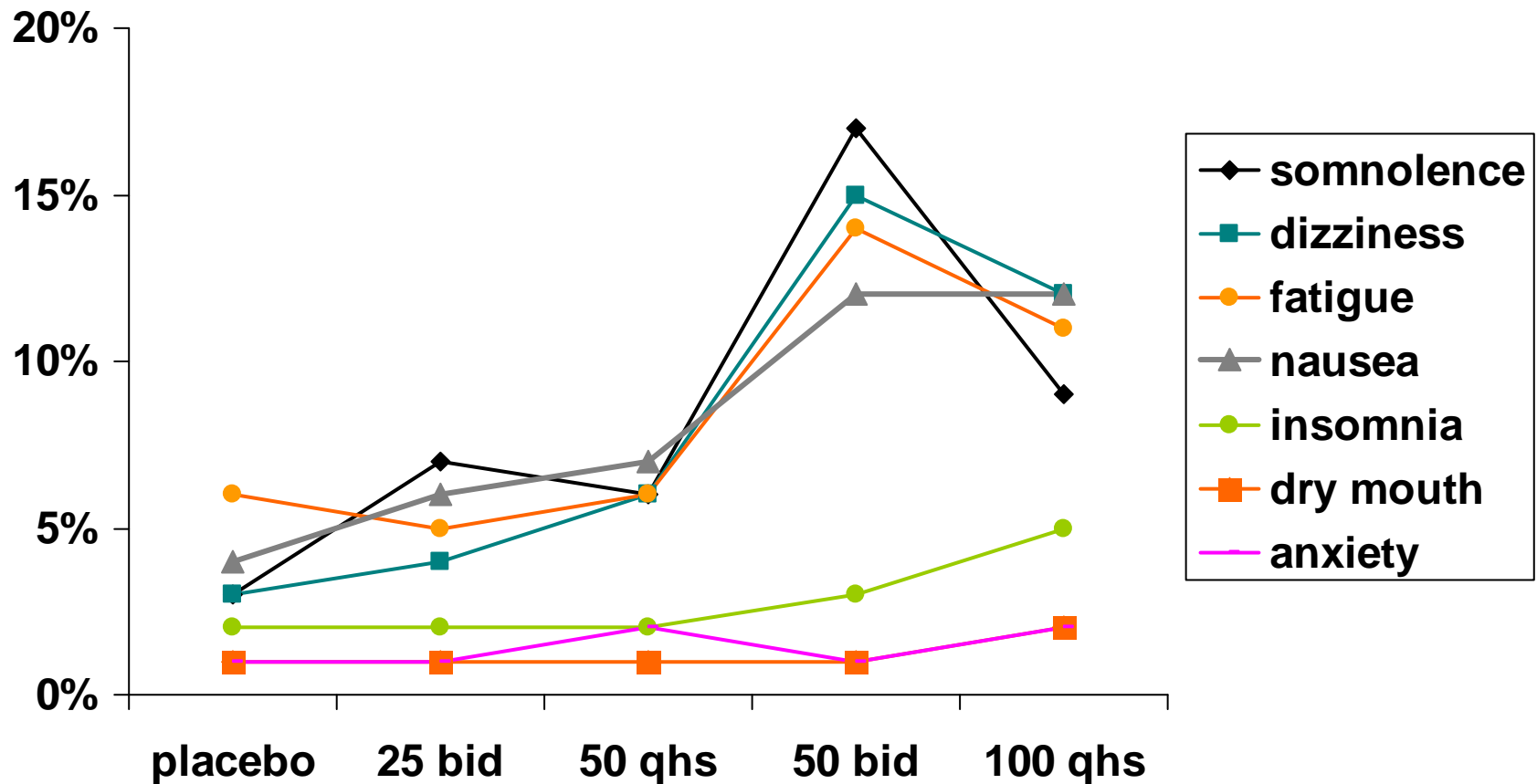
# Treatment-Emergent Adverse Events

(Percentage of Subjects in phase 3 placebo-controlled HSDD trials)

	<b>Placebo N=1,360</b>	<b>25 mg bid N=733</b>	<b>50 mg qhs N=969</b>	<b>50 mg bid N=728</b>	<b>100 mg qhs N= 1,001</b>
Any event (%)	58	59	65	71	70

# Common Treatment Emergent Adverse Events

(phase 3 placebo-controlled HSDD trials)

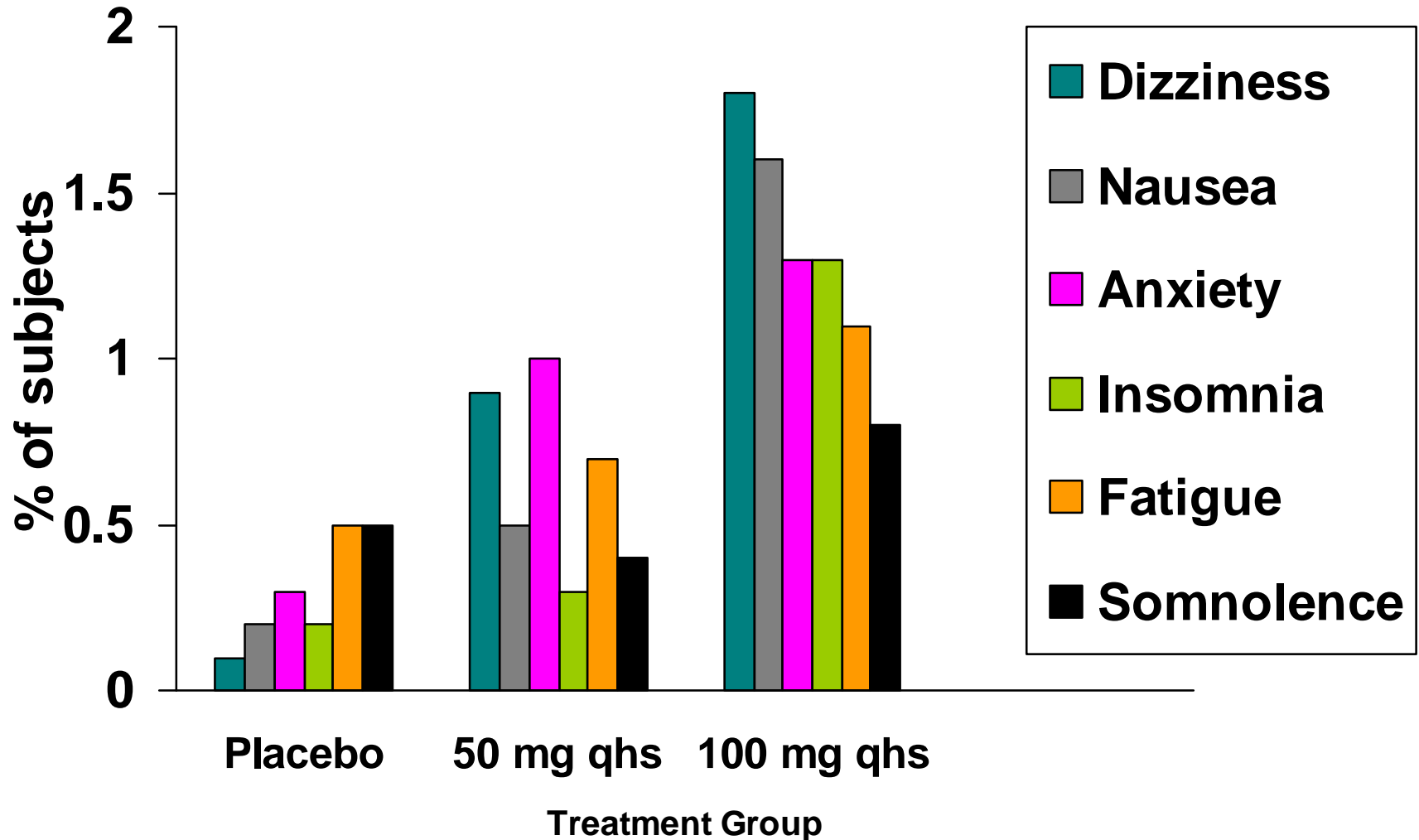




## Treatment Discontinuation due to Adverse Events (Percentage of subjects in phase 3, placebo-controlled HSDD trials)

	<b>Placebo</b>	<b>50 mg qhs</b>	<b>100 mg qhs</b>
<b>Total N</b>	<b>1,360</b>	<b>969</b>	<b>1,001</b>
<b>% discontinued</b>	<b>7</b>	<b>10</b>	<b>15</b>

## Adverse Events Leading to Treatment Discontinuation (phase 3 placebo-controlled HSDD trials)



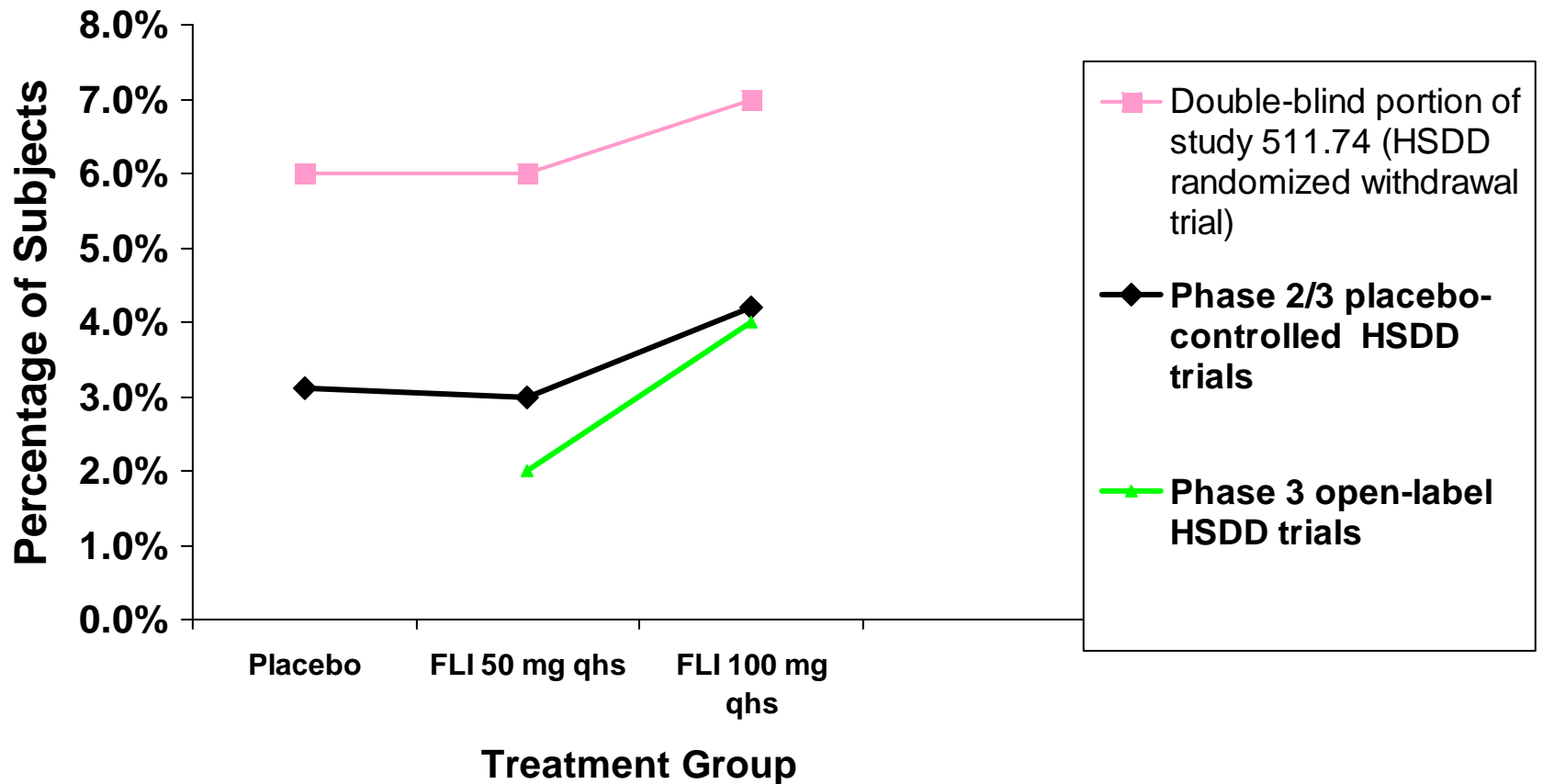




# Safety issues of Particular Concern

- Depression
- Syncope
- Accidental Injury
- Suicidality (Division request)

## Frequency of Depression in HSDD Database



# Suicidality

- No signal based on evaluation during treatment in phase 3 HSDD trials
- No increase in suicidality-related adverse events in HSDD database

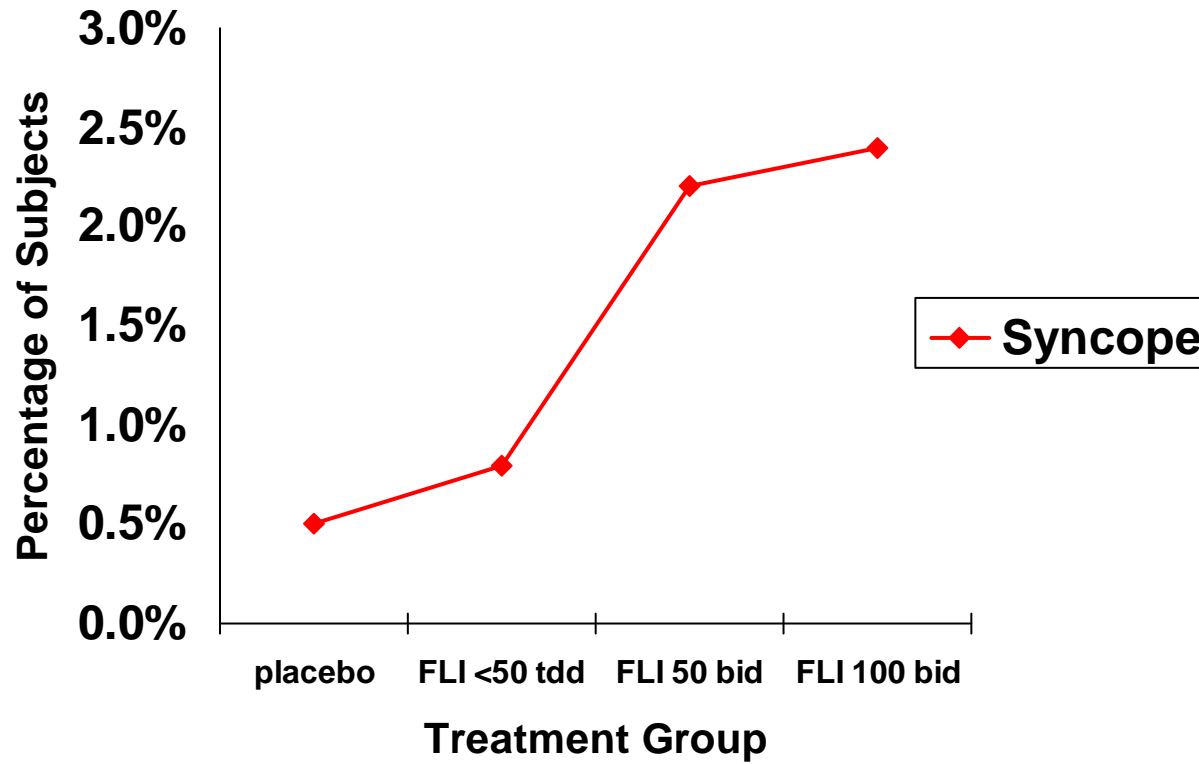


# Syncope – HSDD Trials

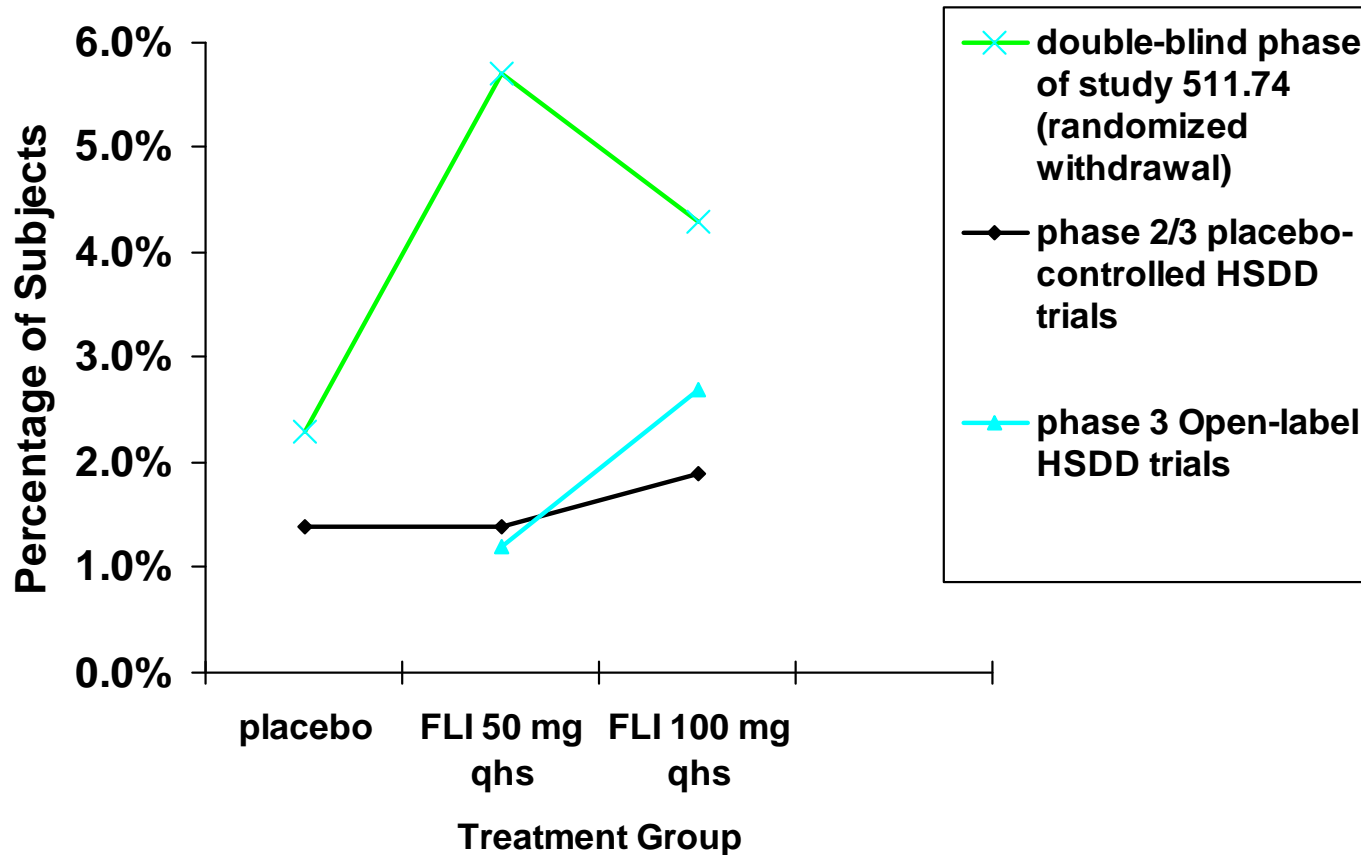
	<b>Placebo</b>	<b>FLI 50 qhs</b>	<b>FLI 100 qhs</b>
phase 2/3 placebo-controlled HSDD Trials			
Total N	1,508	2,072	978
Syncope (%)	0.3	0.3	0.7
Double-blind portion of study 511.74 (HSDD randomized withdrawal)			
Total N	170	35	115
Syncope (%)	1.1	0	1.7
phase 3 open-label HSDD trials (studies 511.84 and 511.118)			
Total N	NA	2,197	1,791
Syncope (%)	NA	0.3	0.6

# Syncope - MDD database

(phase 2 placebo-controlled trials, female subjects only)



# Accidental Injury – HSDD Database





## Accidental Injury – MDD Database

(phase 2 placebo-controlled trials; female subjects only)

	<b>Placebo</b>	<b>FLI &lt;50 tdd (total daily dose)</b>	<b>FLI 50 bid</b>	<b>FLI 100 bid (200 mg daily)</b>
Total N	417	240	313	113
Accidental injury (%)	2.2	0.8	1.6	3.5

# Tolerability Of Flibanserin With Concomitant Medications Or Substances

- Prescription drugs with CNS activity
  - Selective serotonin (or norepinephrine) reuptake inhibitors (SSRI/SNRI's)
  - Triptan anti-migraine agents
- Alcohol
- Potent CYP3A4 inhibitors

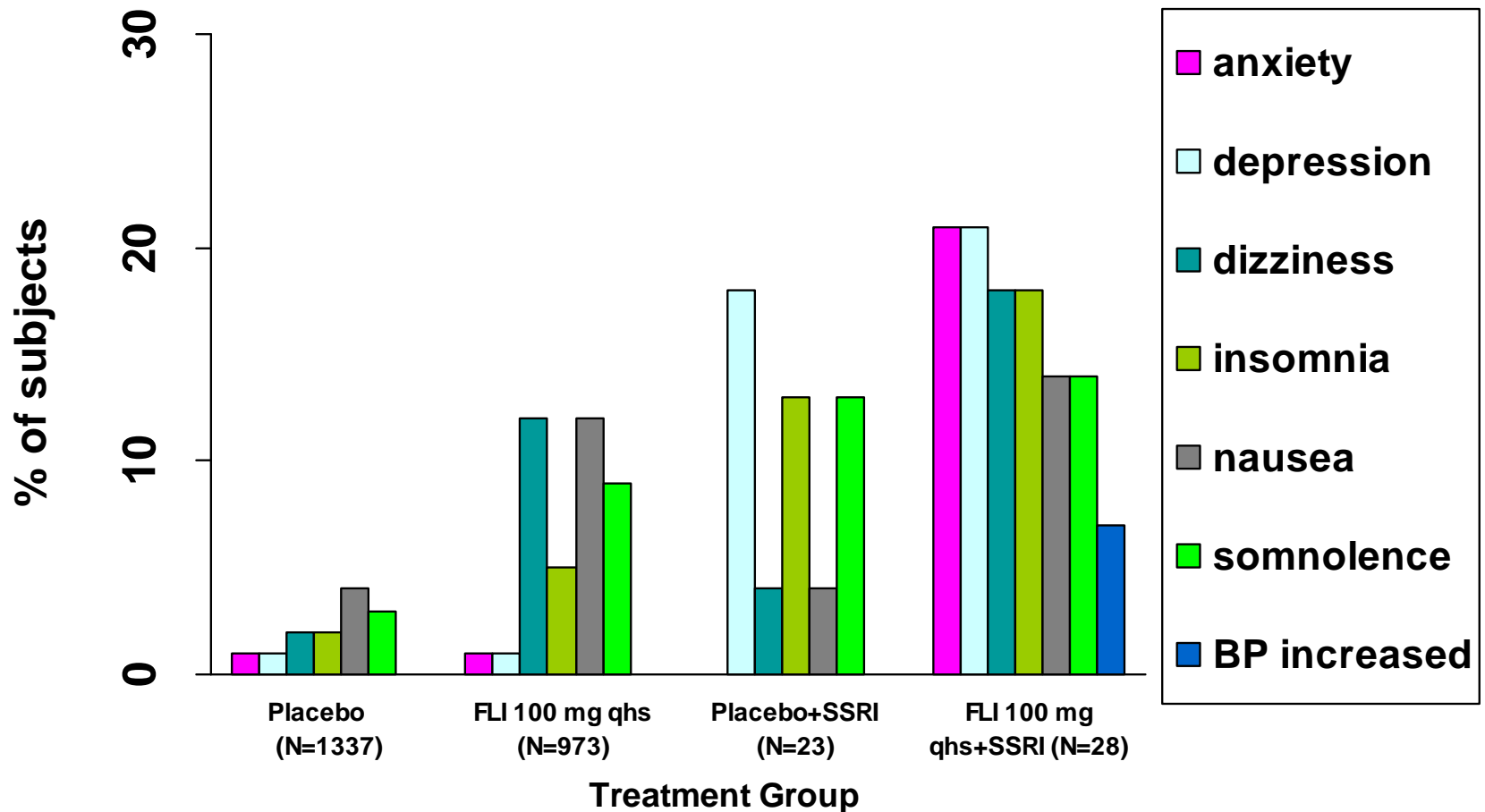


# Flibanserin and Concomitant Medications

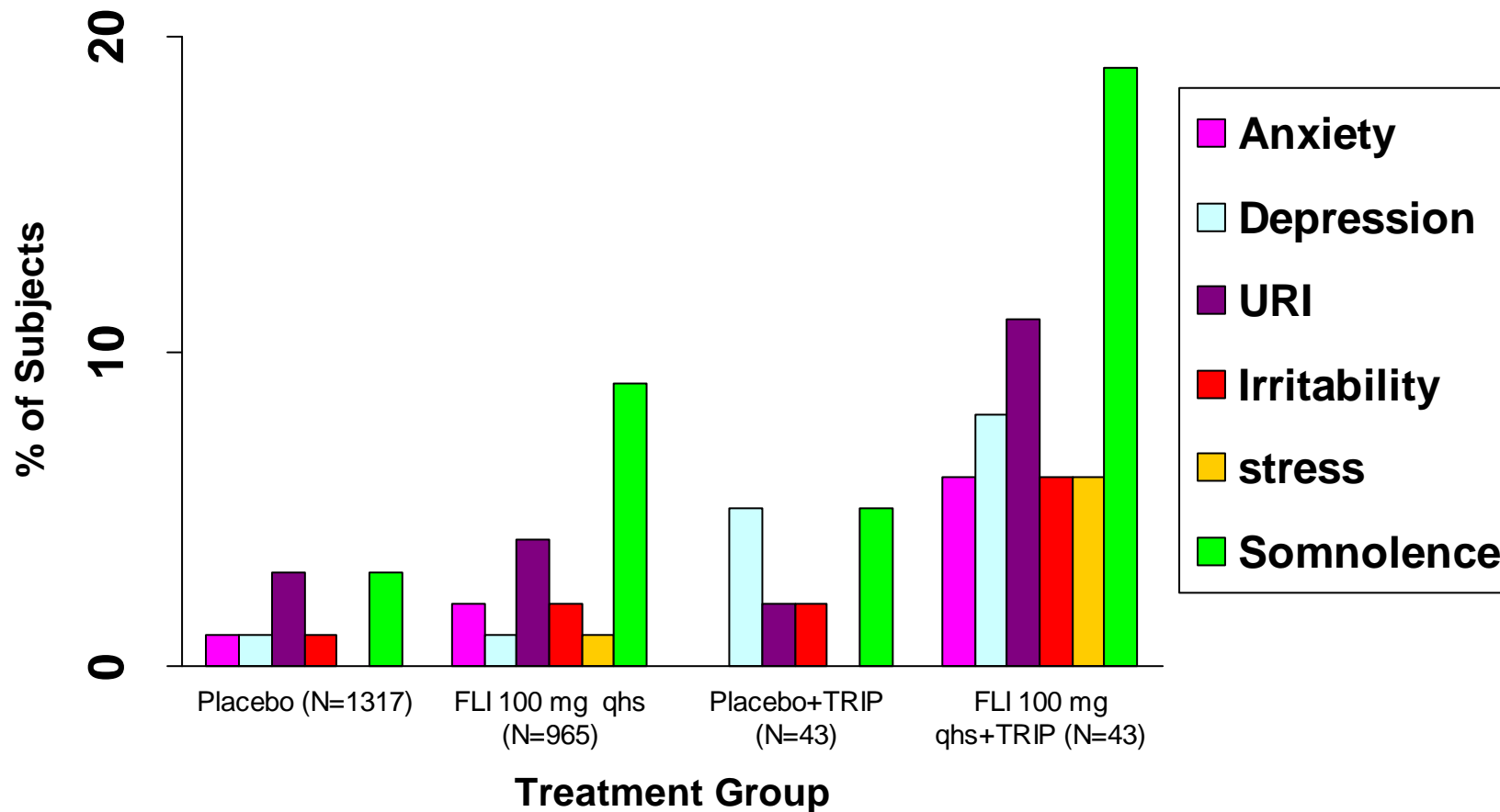
Medication Categories prohibited in Phase 2/3 trials:

- Anti-arrhythmics, anticoagulants, beta-blockers
- CNS stimulants, dopamine-receptor agonists
- All fertility drugs, all hormonal agonists/antagonists
- All muscle relaxants
- Psychotherapeutics
- Narcotics
- Triptan anti-migraine agents
- OTC sleep aids
- CYP3A4 inducers and inhibitors (except under special conditions)

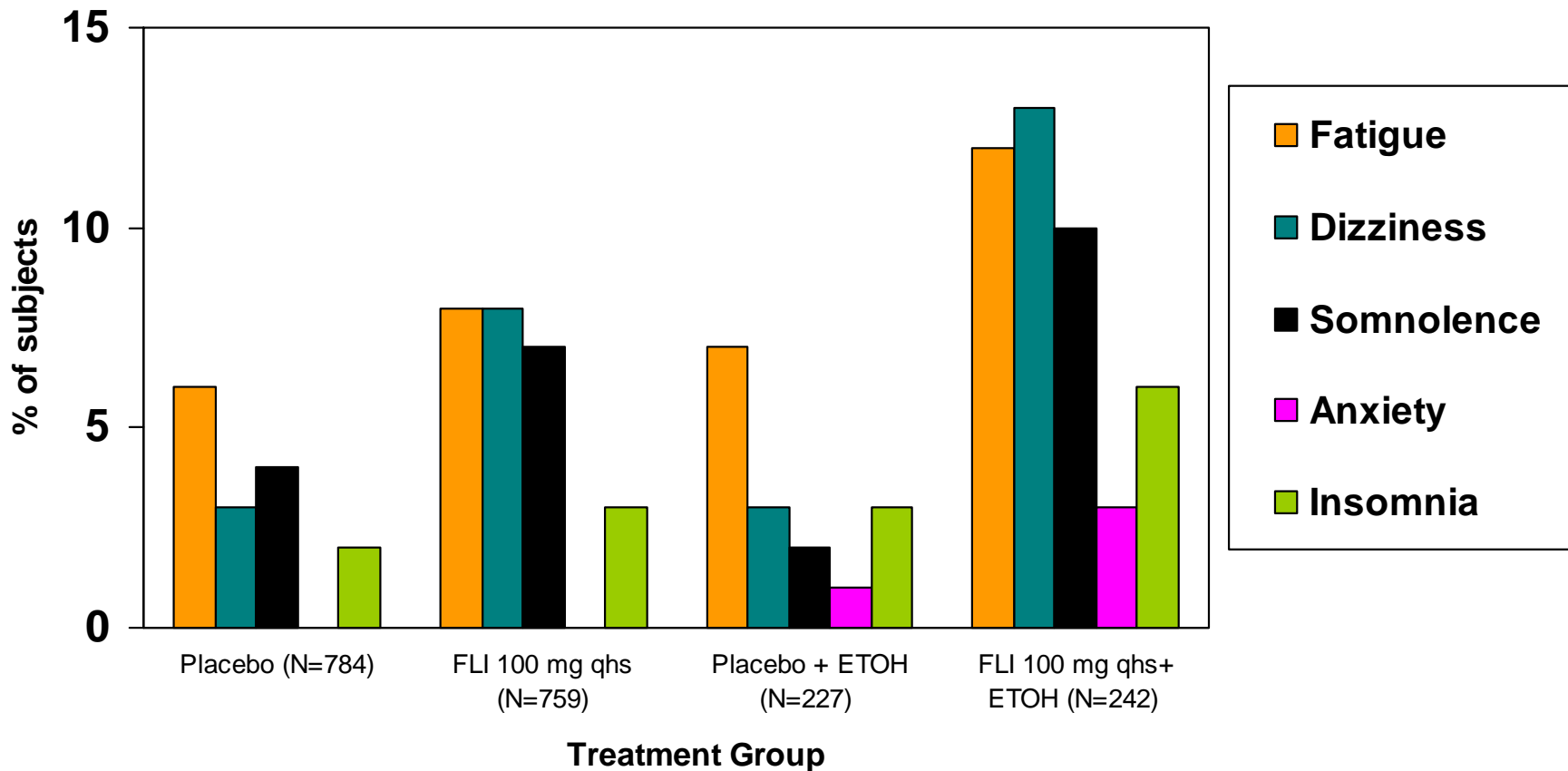
# Flibanserin Tolerability With SSRI/SNRI's (phase 3 placebo-controlled HSDD Trials)



# Flibanserin tolerability with Triptans (phase 3 placebo-controlled HSDD Trials)



# Effect of Alcohol on frequency of adverse events (phase 3 placebo-controlled HSDD trials)





# Effect of hepatic impairment and a strong CYP3A4 inhibitor on flibanserin exposure

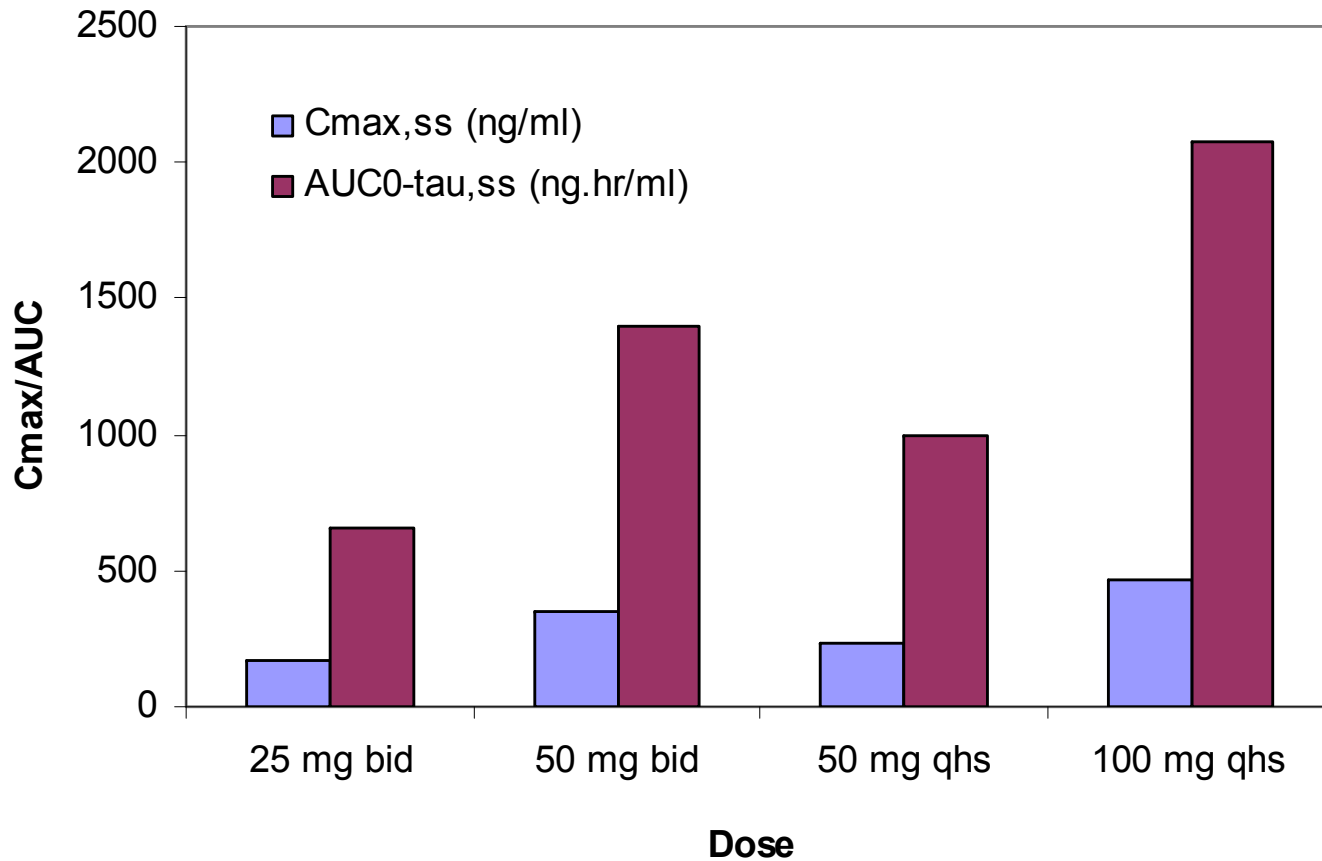
LaiMing Lee, Ph.D.

Office of Clinical Pharmacology

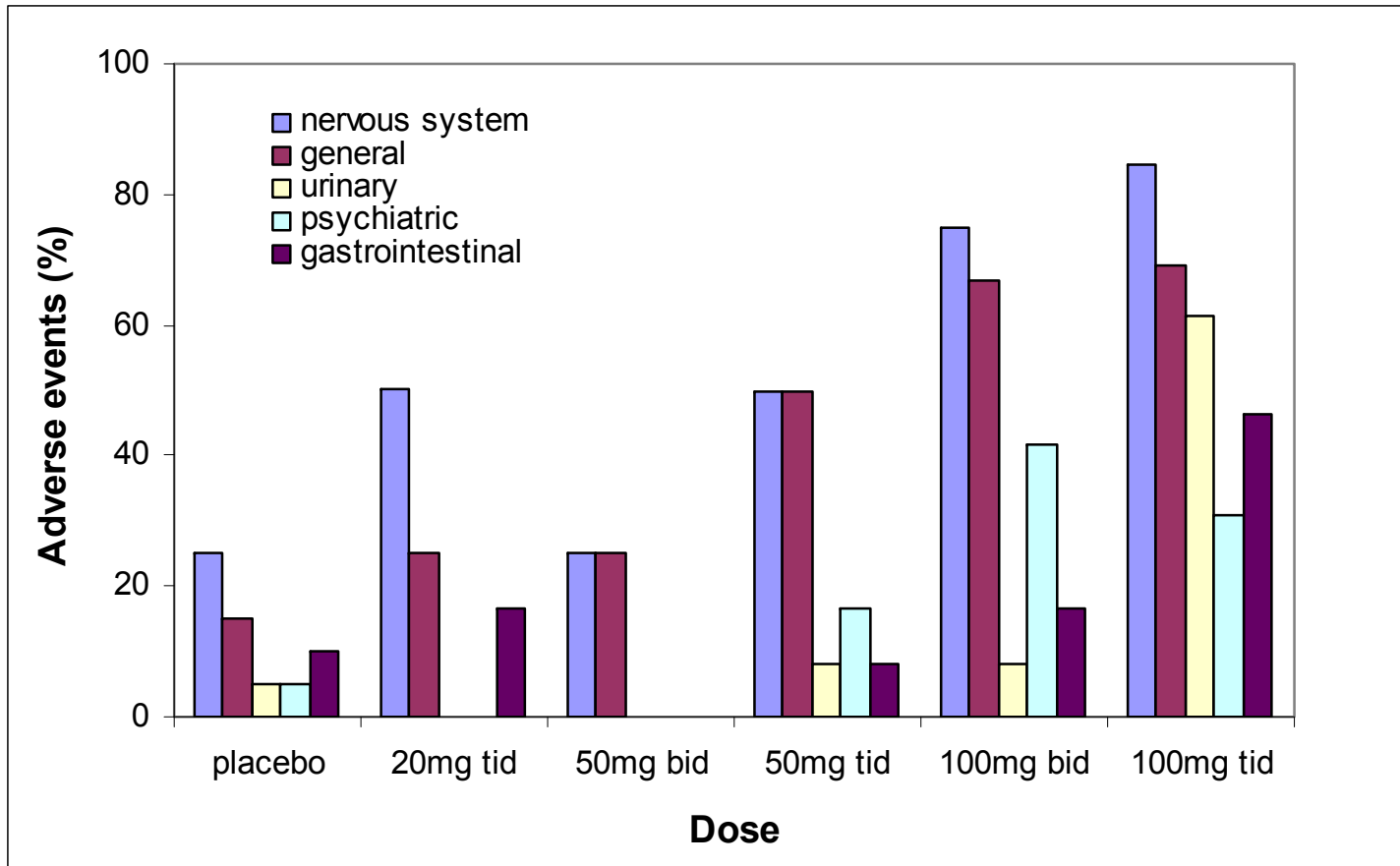
Division of Clinical Pharmacology 3

- Dose response (adverse events)
- Effect of hepatic impairment on flibanserin exposure
- Effect of a strong CYP3A4 inhibitor, ketoconazole, on flibanserin exposure

# Pharmacokinetics of flibanserin in HSDD women (n=67)

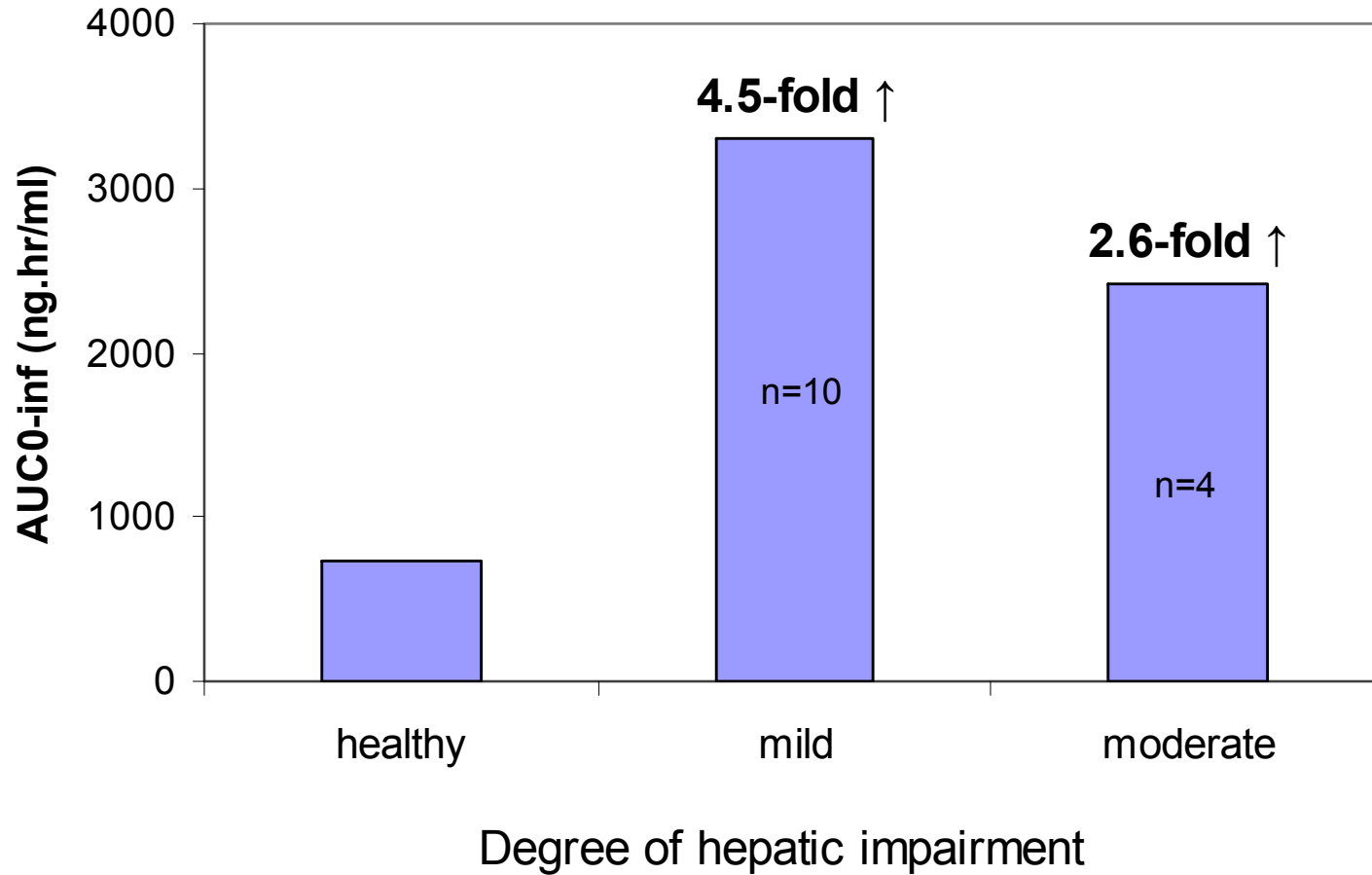


# Treatment-emergent adverse events in Phase 1 study



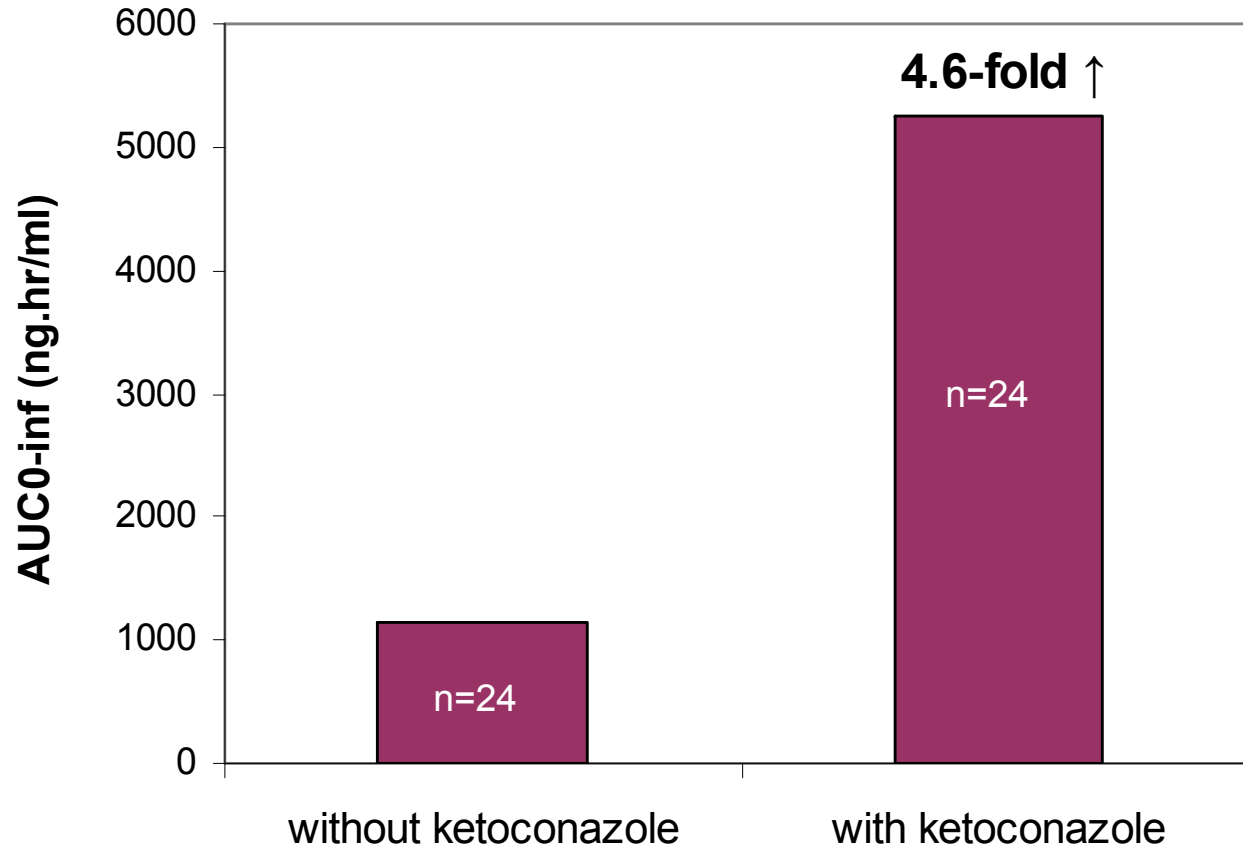


# Effect of hepatic impairment



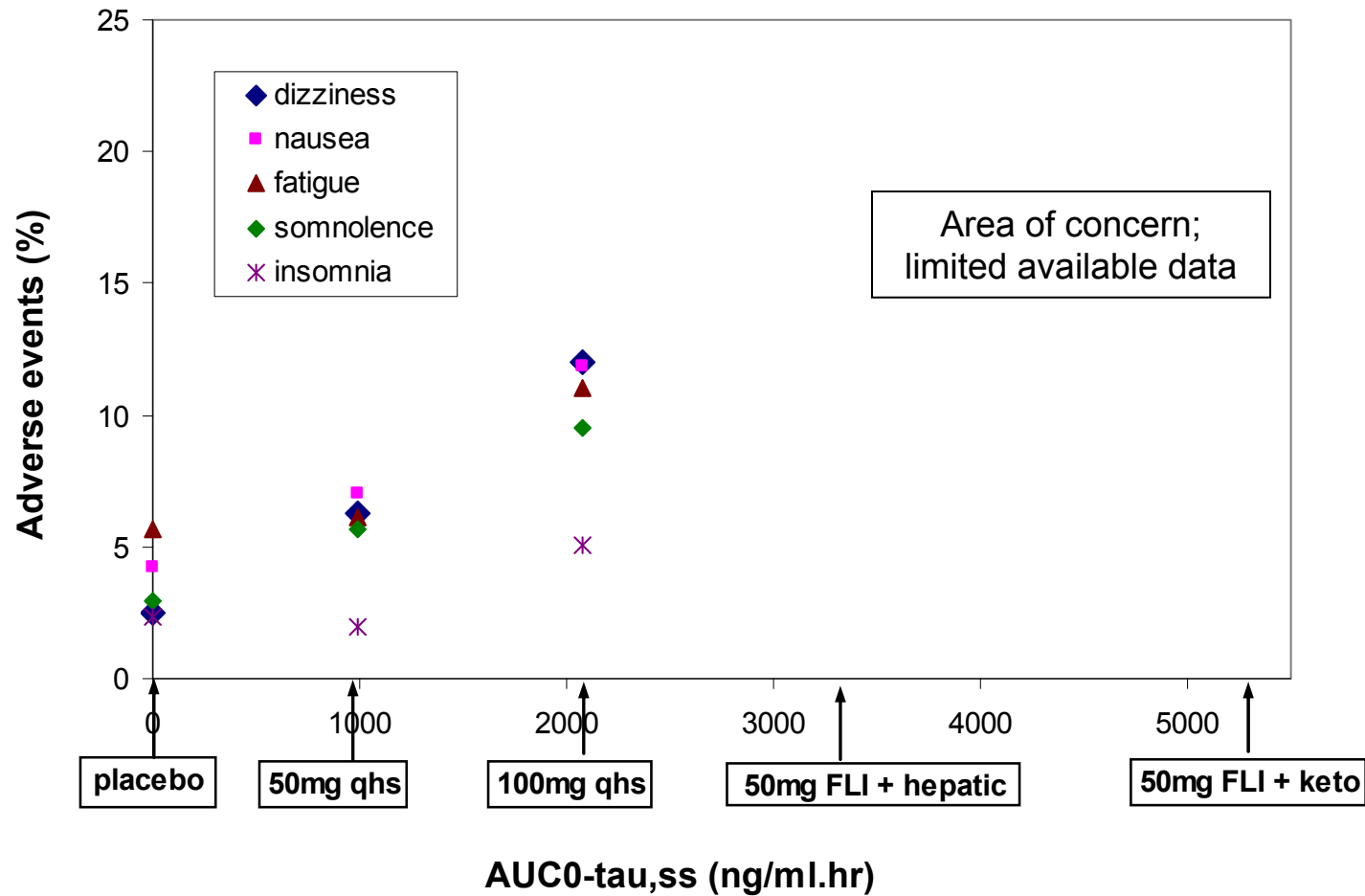
single dose flibanserin 50 mg

# Effect of a strong CYP3A4 inhibitor



single dose fibanserin 50 mg

# Effect of hepatic impairment and CYP3A4 inhibition on flibanserin exposure



# Safety Conclusions

- 15% discontinuation rate for flibanserin (100 mg qhs) due to side effects
- Dizziness and nausea are the most frequently reported adverse events in flibanserin-treated subjects
- Sedating adverse events dose-proportional
- Small increase in frequency of depression, syncope, accidental injury with doses of flibanserin  $\geq$ 100 mg qhs vs. placebo

# Safety Conclusions (continued)

- Adverse effect of SSRIs, triptans, alcohol on flibanserin tolerability
- CYP3A4 inhibitors: marked increase in flibanserin exposure and poor tolerability

## **DRUP's Concerns Regarding Flibanserin Safety**

- Safety and tolerability of flibanserin in patients with co-morbidities (medical, psychiatric) or on concomitant medications
- Potential risk associated with supra-therapeutic flibanserin exposure
- Potential for numerous drug interactions
- Overall risk/benefit of flibanserin for HSDD

# Flibanserin: Question No. 1

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- Considering that the two primary US efficacy studies did not demonstrate efficacy for the prespecified co-primary endpoint of sexual desire as measured by the daily eDiary:
  - Do you agree with the Applicant that the impact of flibanserin on sexual desire is better evaluated with the desire domain of the FSFI using 28-day recall?
  - Is it appropriate to alter the prespecified method of assessing sexual desire?

(Vote)

## Flibanserin: Question No. 2

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- Has the Applicant provided sufficient evidence of overall efficacy for flibanserin for the treatment of hypoactive sexual desire disorder (HSDD) compared to placebo?  
(Vote)



## Flibanserin: Question No. 3

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- Considering the available data on efficacy and safety, has the Applicant demonstrated that the overall risk/benefit profile of flibanserin for the treatment of HSDD in premenopausal women is acceptable?  
(Vote)